



A-Z OF FUNDRAISING

South Yorkshire Eating Disorders Association: www.syeda.org.uk

A

ART WITH A HEART

Use pupils' artwork and turn it into fundraising products for parents to purchase

B

BINGO

Organise a bingo evening at your local pub or club, with all proceeds going to charity

C

COFFEE MORNING

Invite friends and family round for a coffee and a catch-up. Ask those who join in for a donation.



D

DARTS TOURNAMENT

Challenge your friends to a night of darts. Pay to play.

E EXTREME

CHALLENGE

Adrenaline Junkie?
Why not use this to your advantage and sign up to do a skydive or other adventure!

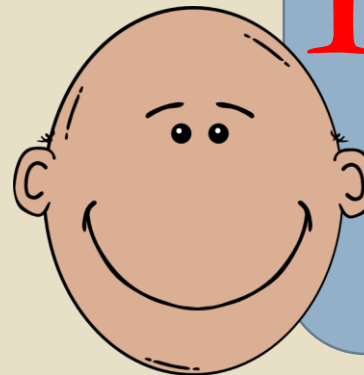
F FASHION SHOW

Promote positive body image and self-esteem by creating a fashion show with all shapes and sizes. Get people to buy tickets to watch.

G GIG

Persuade a local band to do a benefit evening

H HEAD SHAVE



Daring, but
always popular!

I INTERNATIONAL DAY

Time to get cultured! Invite all and have a day of different cultural experiences.

J JEWELLERY MAKING

Get creative and make some jewellery to sell.

L LOOSE CHANGE COLLECTION

Ask people to donate their loose change.
Any donation no matter how small helps.



K KITE FLYING

Get people to guess how long you can keep the kite in the air.

M

MATCHED GIVING

Ask your employer whether or not they operate a Matched Giving scheme.

Lots of fundraisers have the amount they raise matched by their employer so don't be afraid to ask.

N

NON-UNIFORM DAY

Hold a dress down day at your school and ask for those taking part to donate £1

O

OBSTACLE COURSE

Challenge your friends and family to an obstacle course, make it as fun and as challenging as you'd like



P

PHOTOGRAPHY

Donate your photography skills and help us to revamp our look!

You could also take pictures at events and raise some money selling them.

Q

QUIZ NIGHT

Organise a quiz night for all ages, this is a nice one for families. Charge a fee for entry.

QUIZ



R

RAFFLE

Sell raffle tickets and get creative with ideas on how to get donations.

S

SPONSORED SILENCE

If your nickname happens to be chatterbox then this could be the fundraising event for you! Try to spend 24 hours in complete silence, but of course make sure you spread the message first



T

TREASURE HUNT

With a small entry fee you could get teams to compete in a treasure hunt. This is a good idea for a family fun day!

U

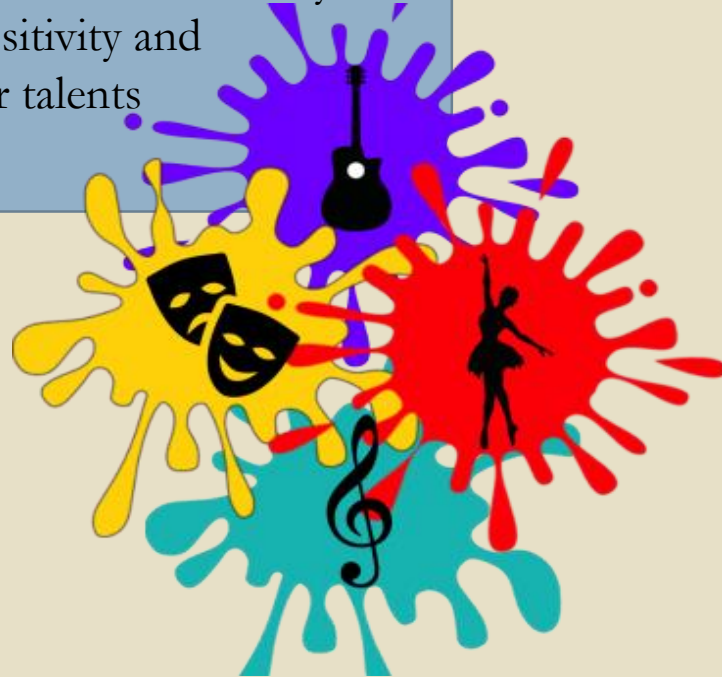
UNWANTED ITEMS

One man's rubbish is another man's treasure!

V

VARIETY SHOW

You and your friends could host a variety show that promotes positivity and showcases each of your talents



W

WAX

This one will show you just how much your friends are willing to pay to hear you say 'OUCH!'

X

X-FACTOR EVENING

Whether you pay to be a judge or pay entry to partake, host an x-factor evening and showcase your singing ability.

Y

YORKSHIRE 3 PEAKS CHALLENGE

Physically challenge yourself and get to know your surroundings better.

Z

ZUMBA-THON

Get your friends involved and show off your best dance moves.

